

Artists and Researchers Unveil Translational Art that Showcases Medical Research

August 21, 2023



First Look Event showcased the second cohort of the Artists + Researchers program, who worked for months to collaboratively develop their pieces

So much of scientific research is visual, but it is often difficult to convey the meaning of the images to a broad audience. To help conceptualize scientific discovery, teams of local artists and researchers created original pieces, which premiered at the **second Artist + Researcher Exhibition**.

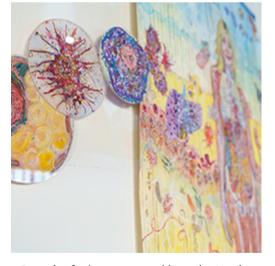
The collaborative program is the brainchild of **Cynthia Standley, PhD**, who is the director of the University of Arizona College of Medicine – Phoenix's **Art in Medicine Program** and a professor of **Bioethics and Medical Humanism**. She brought the program to Phoenix after hearing about a similar one developed by the Keck School of Medicine at the University of Southern California. She met with their artist-in-residence, as well as their director of Humanities to gauge their experience. The rest is history.

"The idea behind the project is to see what happens when research is presented through an artistic lens," Dr. Standley said. "Art's visual appeal can serve as a bridge to generate interest in science and to inspire people to want to know more. Through this program, the researchers see their work displayed in a unique way."

After the **first cohort** — which featured nine pairings — proved to be a success, organizing a second group was a foregone conclusion.

The second cohort features 10 researchers from Arizona State University (ASU), Northern Arizona University (NAU), the College of Medicine – Phoenix, as well as the Translational Genomics Research Institute (TGen) and a local startup, ElectraTect. They worked side-by-side with artists from the greater Phoenix Metro area over the course of nine months.

Partnering in the lab, classroom and studio, they developed vibrant works that would communicate each researchers' area of expertise. A few of the artists and researchers shared their perspectives on the project and how their exhibits reflect their work.



Portrait of Johanna created by artist Monica Aissa and Johanna DiStefano, PhD, professor and head of the Diabetes and Fibrotic Disease Unit, TGen

Emotional Contagion (EC) Corps

Barret Michalec, PhD, director of the Center for Advancing Interprofessional Practice, Education and Research at ASU, is an award-winning sociologist, whose focus is developing evidence-supported practices to cultivate humility, empathy and well-being among health care professionals and health profession students.

Dr. Michalec collaborated with Ann Morton, an artist and educator at Mesa Community College with more than 35 years of experience as a graphic designer. To help visualize Dr. Michalec's research, they created embroideries, monoprints, a banner, digital prints and posters for the fictitious **EC Corps**, a group urging people to "Stay Alert, Stay Aware, Stay Contagious."

The essential message: In an age where machines consume much of our time, it is crucial to be willing to connect with those around us, especially for physicians.

"When we see others with sadness, or anger or happiness, we feel a level of that emotion and come to mimic their emotional state," Dr. Michalec said. They wanted their project to serve as a reminder for health care providers to appreciate the feelings patients exhibit to "engage more authentically" with them.



Barret Michalec, PhD, and Ann Morton

"I was able to actually take one of Barret's classes ... and three things really emerged from his research and our discussion," Morton said.

First, Dr. Michalec sees his work as a form of protest within the health care system. Second, a physician must learn to seize the limited moments available to them to recognize a patient's emotional state. With that recognition, comes the third, and most valuable lesson, "To have empathy and to get inside someone else's emotions," she said.

Weaving Time and Gliding Canyons

Melissa Herbst-Kralovetz, PhD, associate professor in the Departments of **Basic Medical Sciences** (BMS) and **Obstetrics and Gynecology**, as well as director of the Herbst- Kralovetz Research Lab, worked alongside Charmagne Vasquez.

To depict Dr. Herbst-Kralovetz's research on the vaginal microbiome, Vasquez utilized her surrealist style to craft a painting replete with subtle imagery and metaphors.

"The more we discussed the cellular structure of lactobacilli and its protective bacterial journey in a woman's body, the more I was convinced that I could create a visual landscape." Vasquez wrote in her description of the piece. "We both knew that turquoise is of great significance in many

Arizona indigenous cultures, and we were excited for it to also align with the positive nature of lactobacilli. I thought there may be a way to integrate several messages through the creation of characters and creatures."

Vasquez even embedded three-dimensional media — raw turquoise stone and hand-rolled beads, including opals, crafted by her father, a master jeweler — into the painting to further that symbolism.

"I just think it is so great to have been on this journey with her and to have this partnership with her," Dr. Herbst-Kralovetz said.

Through her art, Vasquez examines humankind's place within biological symbiosis. And with Mexican, Chicano and Apache heritage, she noted how Dr. Herbst-Kralovetz's emphasis on improving the health of underserved populations made their pairing a perfect fit.



Charmagne Vasquez and Melissa Herbst-Kralovetz, PhD

Future Health Outcomes

The work of Chad Stecher, PhD, assistant professor, College of Health Solutions, ASU, involves wearable devices and how they measure behavior, as well as support the maintenance of a healthy lifestyle. As technology rapidly improves, the health outcomes and results he witnesses today will only vaguely resemble those of the future.

"We started thinking about what the future of wearables might look like and thought about where on the body would that be, but also, how do those need to be personalized and maybe they become creative sources of expression," Dr. Stecher explained.



Chad Stecher, PhD, and James Angel

Dr. Stecher and his partner, artist James Angel, created a series of portraits representing how individuals may become active participants in their own enhanced health outcomes.

Each of the portraits offered a glimpse into how much more accessible the customization of wearables will become. The team used artificial intelligence (AI) to generate a unique device design for each portrait. Attendees could experience the futuristic wearable designs by scanning a QR code at the exhibit and using their phone as a viewer.

Angel explained the process of creating the portraits, "Each one represents hundreds of iterations. And we decided on this one as the best reflection of the research." He also stressed that though the possibilities AI presented were exciting, they were not without error. Which is why he, "Included the iterative process to demonstrate the limitations."

With interest in participating in the program expanding, Dr. Standley plans for this to be an annual exhibit. "The **Phoenix Bioscience Core**'s (PBC) Arts Committee is wholly supported by contributions from our partners and the greater Phoenix community," she said. And she wanted to thank the primary sponsors of the exhibition — the City of Phoenix Office of Arts and Culture, the Bentley Gallery, the PBC and the College of Medicine – Phoenix — for their continued support.

2023 Cohort

- **Now Go Be Normal** Suzanne Whitaker and Amy Armstrong-Heimsoth, OTD, OTR/L, department chair and associate clinical professor, Department of Occupational Therapy, NAU.
- The Space Between Two Zach Valent and Derek Cridebring, PhD, director, Molecular Medicine Division, TGen.
- Portrait of Johanna Monica Aissa and Johanna DiStefano, PhD, professor and head of the Diabetes and Fibrotic Disease Unit, TGen.
- **Use Cases** Jen Urso and Evan Darzi, PhD, CEO, ElectraTect.
- Weaving Time and Gliding Canyons Charmagne Vasquez and Dr. Herbst-Kralovetz.
- EC Corps Ann Morton and Dr. Michalec.
- The Mirror Nicole L. Olson and Vinodh Narayanan, MD, medical director, Center for Rare Childhood Disorders, TGen.
- Future Health Outcomes James Angel and Dr. Stecher.
- Message in a Bottle Mary Lucking and Anne Titelbaum, PhD, assistant professor, BMS, College of Medicine Phoenix.
- **The History of Bioscience** Kim Buchheit and Frederic Zenhausern, PhD, MBA, Endowed Chair Professor, director, Center for Applied NanoBioscience and Medicine, College of Medicine Phoenix.

The official grand opening of the exhibition was held Saturday, August 19, at the Bentley Gallery in Downtown Phoenix. An in-depth conversation with the artists and researchers from the two cohorts will be hosted by Dr. Standley when the exhibition moves to the PBC campus Thursday, September 14.

Topics

Program of Art in Medicine

<u>Research</u>

<u>Faculty</u>

Community Engagement